

## Call for EVS volunteers in the Czech Republic

### Who are we?

*"Bringing light into life of the needy." – Our motto*

Our name is Slezská diakonie and we are a non-governmental and non-profit organisation residing in Český Těšín in the Czech Republic. Our organisation is based on the Christian values and we are one of the biggest providers of social services in the area of Moravian-Silesian region. We also provide services in fields of health and education.

We provide the above mentioned services to people in need and we strive to help children and adults with mental and physical disabilities, socially excluded youth and families, elderly people, members of minority groups, people without home, and others who have been caught in various difficult situations of life.

In 2005, we became a coordinating organisation in the EVS framework and established our International Voluntary Year programme (INVY). In the course of time, we developed partnerships with other organisations that provide social services in our region. Since then, almost 100 volunteers contributed to these services and brought light into life of their users.



### What is our project about?

Our EVS project for 2016/2017 is called *International Voluntary Year – Explore and Inspire Yourself and Others!* This project was written for a total of 30 volunteers from Austria, France, Germany, Hungary, Italy, Poland, Slovakia, Spain, and Ukraine. Volunteers will be hosted by 21 hosting organisations that are located in Moravian-Silesian region of the Czech Rep.

The project is following a ten year long tradition of INVY in our organisation and partner organisations throughout the Moravian-Silesian region of the Czech Republic. Our projects aim to provide additional support to the users of our services, and to provide a chance for and support of learning and development of young people – you.



For many of our users, an international volunteer is one of the best (if not the only) chances to get to know a different country and culture with all their specifics. And for our volunteers, it is an opportunity to grow, develop, learn more about themselves and others, and explore different countries, cultures, and customs.

## How does INVY work?

In order to achieve our aims and to help you achieve yours, we will provide you with support. This is how we handle things.

Personal support is mainly provided by three people. First of them is your **supervisor** who is named by the hosting organization and who works there. S/he will be responsible for your support at the hosting organisation. The second person is your **mentor** who is a sort of 'appointed friend' that will help you to get inside of the local community, find various interesting places, and connect with new friends and locals. The third person will be your **coordinator** who will take care of organising your voluntary service and coordinating all its participants.

Supervision is how we call a meeting with your **supervisor** or **coordinator** that focuses on evaluation of your service. We use various creative methods to assess your wellbeing and to help you to reflect how the things are going. Supervisions with supervisors are on monthly basis, and supervisions with coordinator take place every 3-4 months. The frequency can of course change, depending on how much support you need.



Seminars are events we organise for our volunteers and supervisors. During your service, you and your fellow volunteers will participate in three of these seminars - On Arrival seminar, Midterm seminar, and Evaluation seminar. During seminars, you will enjoy various activities, processes, and games focused on your expectations and fears from the service, your motivation, reflection of your service and your learning outcomes, and many other topics.

Activities at the hosting organisations are performed 6 hours a day, 5 days a week, followed by 2 free days. The free days are usually in the weekend but in some cases at some hosting organisations, you will have an opportunity to participate in various events during weekends. In such case, the 2 free days will be rescheduled accordingly. For every month of service, you will be entitled to 2 days of vacation.

Czech language will be an important part of your learning here. To support you in the learning, you will have at least 1,5 hours of Czech language lessons every week and possibly a crash course at the beginning of your service.

Financial support for you consists of two parts, pocket money and food allowance. Pocket money is 90 EUR per month and food allowance is approx. 130 EUR per month. We send it at the beginning of each month to your Czech bank account that will be set up at the beginning of your service.

Accommodation is provided by us in flats that are usually shared by 2 to 4 volunteers. We strive to provide an individual room for every volunteer but unfortunately such an option is not always available for everyone.

Travel costs to the Czech Republic, to all official events connected, and possible commuting to the hosting organisation are reimbursed. We reimburse 90% of travel costs to the Czech Republic and back. Other official travelling is reimbursed in full.

## What are the positions about?

### Benjamín

<i>Name of the hosting organisation</i>	Benjamín
<i>Address</i>	SPC N 454/54, 794 01 Krnov
<i>Type of service</i>	Day care centre
<i>People you will work with</i>	Adults with mental and multiple disabilities who are highly dependent on assistance and care
<i>Period of service</i>	1 <sup>st</sup> September 2016 – 31 <sup>st</sup> August 2017
<i>Number of open positions / number of volunteers</i>	1 / 2
<i>Place of accommodation</i>	Town of <a href="#">Krnov</a> + <a href="#">basic orientation map</a>
<i>Number of volunteers in Krnov</i>	12
<i>Additional information</i>	<a href="#">Webpages</a> / <a href="#">Facebook</a>



Benjamín day care centre focuses on work with adults with mental and multiple disabilities (mental disabilities combined with physical or vision impairments, epilepsy, etc.). The mission of the centre is to provide support to its users so they can live an active life. The centre also focuses on development of skills and capacities of its users through educational, therapeutic, leisure time, and other activities.

Your accommodation will be provided in a flat on an address Jiráskova 54, 794 01 Krnov, approximately 30 minutes on foot from Benjamín. The flat has a 3+1 disposition (3 rooms + kitchen + restroom and bathroom) and will be provided for 3 volunteers. Two volunteers will have to share one room and the other room will be for the third volunteer. Please, note that we reserve any changes in accommodation because of need of higher flexibility.

## What are the main activities?

Your main task will be to provide individual and personal support to people using Benjamín's services. You will support and assist them during practical activities like pottery and textile workshops, gardening or art workshop. You will accompany them during experiential therapies such as basal stimulation, canine therapy and others. You will take part in activities outside placement (trips, walks, various events). You will also accompany and assist users during activities



necessary for everyday life, such as basic education, development of motor skills, memory trainings, care of one's own body and look, and others. You will cooperate with social workers and workers in social services. You will also have an opportunity to make your own miniproject. You can find more information about the hosting organisation [here](#) under activity n. 1.



## Eden

<i>Name of the hosting organisation</i>	Eden
<i>Address</i>	Frýdecká 34, 737 01 Český Těšín
<i>Type of service</i>	day care centre
<i>People you will work with</i>	people with middle-severe mental disabilities
<i>Period of service</i>	1 <sup>st</sup> September 2016 – 31 <sup>th</sup> August 2017
<i>Number of open positions / number of volunteers</i>	1/1
<i>Place of accommodation</i>	Town of <a href="#">Český Těšín</a> + <a href="#">basic orientation map</a>
<i>Number of volunteers in Český Těšín</i>	9
<i>Additional information</i>	-

Eden is a day care centre for people with middle-severe mental disabilities. Its mission is to integrate the users to the local community. The aim is to provide individual support, develop their self-sufficiency in the field of self-attendance, work skills and education. Eden offers its users an individual stimulation plan aimed at developing their knowledge, communication, and self-service. Eden offers services to 25 users a day at the most. Users are taught reading, writing, and counting in two classrooms. Users are also taught more practical 'skills' as shopping, orientation in the town, and others. Manual abilities are practiced in therapy workshops such as ceramics, weaving, joinery, creative art, etc.

Your accommodation is something that we unfortunately cannot specify right now because it can change. You can find an address of a flat that we count on right now [here](#). This flat is usually shared by two volunteers. It would take you at about 10 minutes to get from your flat to Eden.

## What are the main activities?

You will participate in everyday services of the centre and support users during workshops such as ceramics, weaving, work with textiles, woodwork and artwork. You will have an opportunity to talk to users and accompany them during walks. You will help with organising various activities focused on integration of people with disabilities into local society, for example you can help with sport or musical activities, drama club, cooking, gardening. You will help with the organization of Christmas and Easter celebrations, and accompany users during trips and another cultural and social events. You will also have an opportunity to realize your own activities and make your own miniproject. You can find more information about the hosting organisation [here](#) under activity 5.



## Harmonie – home for people with disabilities

<i>Name of the hosting organisation</i>	Harmonie – Home for people with disabilities (housing)
<i>Address</i>	Chářovská 85, 794 01 Krnov
<i>Type of service</i>	Home for people with disabilities
<i>People you will work with</i>	Adults with mental and other disabilities who require additional support
<i>Period of service</i>	1 <sup>st</sup> September 2016 – 31 <sup>st</sup> August 2017
<i>Number of open positions / number of volunteers</i>	1 / 1
<i>Place of accommodation</i>	Town of <a href="#">Krnov</a> + <a href="#">basic orientation map</a>
<i>Number of volunteers in Krnov</i>	12
<i>Additional information</i>	<a href="#">Webpages</a> / <a href="#">Facebook</a>



Harmonie – Home for people with disabilities focuses on work with adults with mental and multiple disabilities. The mission of the home is to provide all year long support and care to people with disabilities to meet their individual needs and wishes. Workers of the home delicately support and maintain family, friendship, and partner relations of people living in the home, and enable them to use usual services (shop, hairdresser, contact with authorities, various establishments, etc.) in their usual environment.

Your accommodation is something that we unfortunately cannot specify right now because it will most probably change from the last year. Our current plan is to provide accommodation in a flat with a 3+1 disposition (3 rooms + kitchen + restroom and bathroom) for 3 volunteers.

### What are the main activities?

Your main task will be to provide individual and personal support to people living in the home. You will assist during various activities (singing, visiting shop, cooking, serving food, etc.) and you will have an opportunity to plan your own activities for them. You will also have a chance to present your country, traditions, national food, and others. You will cooperate with social workers and other workers. You will also have an opportunity to make your own miniproject. You can find more information about the hosting organisation [here](#) (the information is combined with 2 other volunteer positions) or [here](#) under activity 8.





## Harmonie – sheltered housing

<i>Name of the hosting organisation</i>	Harmonie – Sheltered housing
<i>Address</i>	B. Smetany 35, 793 95 Město Albrechtice and others (see webpages)
<i>Type of service</i>	Sheltered housing
<i>People you will work with</i>	Adults with mental and multiple disabilities who require additional support
<i>Period of service</i>	1 <sup>st</sup> September 2016 – 31 <sup>st</sup> August 2017
<i>Number of open positions / number of volunteers</i>	1 / 2
<i>Place of accommodation</i>	Town of <a href="#">Krnov</a> + <a href="#">basic orientation map</a>
<i>Number of volunteers in Krnov</i>	12
<i>Additional information</i>	<a href="#">Webpages</a> / <a href="#">Facebook</a>



Harmonie – Sheltered housing focuses on work with adults with mental and multiple disabilities. The mission of the housing is to provide support to people with disabilities to such an extent, so they are able to live in regular households. Workers support the users in making their own decisions about things that concern them and they respect users' needs and support them in their fulfilment.

Your accommodation is something that we unfortunately cannot specify right now because it will most probably change from

the last year. Our current plan is to provide accommodation in a flat with a 3+1 disposition (3 rooms + kitchen + restroom and bathroom) for 3 volunteers.

### What are the main activities?

Your main task will be to provide individual and personal support to people living in individual houses. You will assist during various activities (cooking, visiting shops, organising various games and sports with users, serving food, etc.) and you will have an opportunity to plan your own activities for them. You will also have a chance to present your country, traditions, national food, and others. You will cooperate with social workers and other workers. You will also have an opportunity to make your own miniproject. You can find more

information about the hosting organisation [here](#) (the information is combined with 2 other volunteer positions) or [here](#) under activity 8.



## Rodinná kavárna

<i>Name of the hosting organisation</i>	Rodinná kavárna
<i>Address</i>	Dvořákův okruh 21, 794 01 Krnov
<i>Type of service</i>	Family café
<i>People you will work with</i>	Children, families with children, general public
<i>Period of service</i>	1 <sup>st</sup> September 2016 – 31 <sup>st</sup> August 2017
<i>Number of open positions / number of volunteers</i>	1 / 1
<i>Place of accommodation</i>	Town of <a href="#">Krnov</a> + <a href="#">basic orientation map</a>
<i>Number of volunteers in Krnov</i>	12
<i>Additional information</i>	<a href="#">Facebook</a>



Family café is a café that focuses on families with small children aged from 0 to 6 years. The premises of the café are adjusted to this target group and so the café encompasses a spacious kid's corner full of toys. Purpose of the café is to provide families with children a space, where the parents can rest and children play. The café employs people who deal with social exclusion from various reasons (limited capability to work due to disability, long-term unemployment, etc.). The café is also frequently visited by Slezská diakonie international volunteers in Krnov.

Your accommodation is something that we unfortunately cannot specify right now because it will most probably change from the last year. Our current plan is to provide accommodation in a flat with a 3+1 disposition (3 rooms

+ kitchen + restroom and bathroom) for 3 volunteers.

## What are the main activities?

The main two tasks will be to provide help to the headwaiter to prepare drinks and attend customers (person with limited capability for work), and to provide (and plan) activities for children that visit the café with their parents. You will have an opportunity to play games with them, draw, make paper cut outs, and others. Help by assisting employees with cleaning will be also one of your tasks. You will also have an opportunity to make your



own miniproject according to your interests (organised events in the café) or you can organise language course open to the public. You can find more information about the hosting organisation [here](#) under activity n. 14. Based on the character of main activities and work of the café, the future volunteer should be able to approach children and to be proactive and initiative.



## Zámek Dolní Životice

<i>Name of the hosting organisation</i>	Zámek Dolní Životice
<i>Address</i>	Zámecká 1, 747 56 Dolní Životice
<i>Type of service</i>	Home for people with disabilities
<i>People you will work with</i>	Adults with mental and other disabilities who require additional support
<i>Period of service</i>	1 <sup>st</sup> September 2016 – 31 <sup>st</sup> August 2017
<i>Number of open positions / number of volunteers</i>	1 / 1
<i>Place of accommodation</i>	Town of Opava
<i>Number of volunteers in Krnov</i>	12
<i>Additional information</i>	<a href="#">Webpage</a> / <a href="#">Facebook</a>

Zámek Dolní Životice is a semi-budgetary organisation which is established by the municipality authority of Moravian-Silesian region. The organisation provides social services to adults with mental disabilities, namely to adults with combined disabilities (mental, physical and mental, sensory), who need different kinds of support.

The mission of the organisation is to provide daily support and care on the basis of individual needs and



wishes of the users. The idea is to empower the individuals for living independently as much as possible. The users are also trained to use their skills and abilities in order to be integrated in local community activities. The dignity of each individual is protected and their competences are strengthened.

The organisation provides social services as followed: community residential facility, sheltered housing and support living.

Your accommodation is something that we unfortunately cannot specify right now because it will change from the last year. Essentially there are two options. Either you will live in Opava and you will share a flat/house with local people or you will live in the area of Zámek. As soon as we will have more information, we will specify.

## What are the main activities?

You will assist the users during common activities of everyday life according to the individual plan of each user in order to support his/ her independent living by getting to know and using his/her rights and responsibilities and making decisions by themselves. This also includes the training and educational activities ( e.g. training of memory, development of already gained knowledge and skills, using of practical skills in everyday life). To develop the individual skills, the facilities such as shops, public transport, cultural and sport centres, restaurants, excursions are used. Here are involved as well the activities which will be organized outside of the placement, for example walks and trips with the users and participation in different events – 30%



You will participate and assist the users during work activities – e.g. in pottery, art and textile workshop, gardening. The activities focus on the development of motor activity, coordination of the movements, development of aesthetic perception and expression and communication with the external environment – 30%

You will participate and assist the users during experiential therapies – these activities are perceived as relaxing activities. The techniques such as basal stimulation, using different balls, positioning, canine therapy, music therapy are used – 25%

You will participate and assist the users during individual activities – individual motoric activation, exercises, stretching, making the users familiar with assistive devices, individual meetings with the users in order to plan user's service – 10%

You will have an opportunity to realise a mini project according to your interests – 5%



## The community centre Mojska, o.s. DEN

<i>Name of the hosting organisation</i>	The Community centre Mojska, o.s. DEN
<i>Address</i>	Slezská 874, 737 01, Český Těšín
<i>Type of service</i>	community center
<i>People you will work with</i>	excluded youth, Roma, families with children
<i>Period of service</i>	1 <sup>st</sup> September 2016 – 31 <sup>th</sup> August 2017
<i>Number of open positions / number of volunteers</i>	1/2
<i>Place of accommodation</i>	Town of <a href="#">Český Těšín</a> + <a href="#">basic orientation map</a>
<i>Number of volunteers in Český Těšín</i>	9
<i>Additional information</i>	<a href="#">webpages</a> <a href="#">facebook</a>

The Community centre is a civic association, which includes a total of 5 branches in the Czech Republic and its work is based on voluntarism. Centre is visited by school children and young people from socially excluded families. Centre was established in 2007 as a voluntary initiative of the members of the Christian assembly (Křesťanský sbor) and it provides services in



form of different clubs taking into account users' age and interests. Each day, the centre is visited by approximately 20 children and young people ranging from 8 to 22 years of age. On a weekly basis, the centre is visited by approximately 10 adults who take active part in various activities and clubs. There are approximately 12 volunteers involved in the centre's activities.

Accommodation is something that we unfortunately cannot specify right now because it can change. Volunteers usually live in the flat that is situated in the Community centre or in a flat nearby in a walkable distance from the centre. Flat is usually shared by 2 or 3 volunteers.

### The aim of the centre is to provide

- social counselling, leisure-time activities and an offer for a safe background for educational and social development of the users free of charge,
- an environment of mutual trust and safety between users and the staff of the centre,
- primary and secondary prevention of socially pathological phenomena (undesirable behaviours),
- education, training and activation programmes, personality development of children and young people while respecting individual needs of single person,





<http://www.kcm.kstesin.cz/>

- support of the centre's users regarding their social skills, offering new opportunities, support of personal growth.
- The aim is also imply Christian ethics in the activities carried out.

### What are the main activities?

Your main task will prepare and lead free-time activities for children and young people, you will have the opportunity to talk

and listen to them. You will watch children during the morning club for mothers with pre-school children. Then you will work in the office and the library (photo and video processing, preparing poster, filing documents, cataloguing in the library). You will prepare your own workshop according your skills and abilities or an activity for the local community (e.g. language course - German, English, and French). You will do a bit of gardening (cutting grass, raking leaves, cleaning-up snow in winter), help by preparing refreshments for KC events followed by cleaning. You will have space to plan, prepare and realize activities and make your own miniproject. You can find more information about the hosting organisation [here](#) under activity 10.

## Low-threshold centre

<i>Name of the hosting organisation</i>	Low-threshold centre in the region of Město Albrechtice
<i>Address</i>	Město Albrechtice, Lázeňská 119/2, 739 95 Holčovice, Holčovice 8, 793 91 Jindřichov, Jindřichov 191, 793 83 Vysoká, Vysoká 34, 793 99
<i>Type of service</i>	Low-threshold centre
<i>People you will work with</i>	Children and youth living in or threatened by unfavourable social conditions
<i>Period of service</i>	1 <sup>st</sup> September 2016 – 31 <sup>st</sup> August 2017
<i>Number of open positions</i>	1
<i>Place of accommodation</i>	Town of <a href="#">Krnov</a> + <a href="#">basic orientation map</a>
<i>Number of volunteers in Krnov</i>	12
<i>Additional information</i>	<a href="#">Facebook</a>



Low-threshold centre for children and youth in the region of Město Albrechtice offers wide range of ambulatory, outreach, group and individualized activities for children and youth aged 6 – 20. The centre is focused on children and youth living in or threatened by unfavourable social conditions brought about by social conflicts, unforeseen events, life-limiting conditions, specific lifestyle, emergency situations or other serious reasons.

The service tries to achieve positive changes in the lives of children and

youth, provide information, professional assistance and support in difficult life situations, as well as conditions for establishing new contacts, thus preventing the children and youth from being socially excluded.

The objective of the service is to guide children and young people through the period of their adolescence, showing them alternative solutions for their situation and alternative leisure time activities, thus creating suitable conditions for their healthy development and personal growth. While doing this, it is important to not impose our own ideas about what life of other people should look like. Another objective consists in enhancing the users' capacities to make decisions on their own and to assume responsibility for their own acts.

Your accommodation is something that we unfortunately cannot specify right now because it is possible that it will change from the last year. However if the flat will stay the same as last year, you would live at the address Opavská 64, 794 01 Krnov. The flat consists of two rooms, one of the rooms includes kitchen and is a walk-through room to the other one. Sanitary facilities are shared with a family of two (a lady and her older son) who live in a house where the flat is located. Even though this year the flat was occupied by only one volunteer, it is possible that you would share the flat with another volunteer.



## What are the main activities?

- Participation in usual activities offered by the centre (table football, board games, conversations) – 60%
- Preparation and implementation of group activities for service users - 10%
- Presentation of various features of volunteer's native country (cuisine, education system, institutions, leisure time activities, plays and games typical for the country, etc.) – 10%
- Teaching foreign language (English or volunteer's native language) in an entertaining manner – 10%
- Tidying-up with service users – 5%
- Mini-project of the volunteer according to her/his interests – 5%



## How is the town I would stay in? Český Těšín! (written by our current volunteer Jojo)



Český Těšín is a town exactly on the border with Poland. With around 25.000 inhabitants, it is quite a small town. Czech people have the honour to live on the industrial side. The Polish side is more historical and therefore nicer. The river Olza separates the city into two parts.

There is a square, where is free WIFI, a lot of restaurants, cafes and pubs. „Sports Bar“ is a quite modern one, with cheap beer and cocktails. The best thing which we have on the Czech side is the „Dobra Čajovna“. It is a teahouse, where you can drink tea (but first you have to choose just one, there are too much possibilities), and eat very delicious food. There is a menu in English and the staff will know you after some visits (there is at least one guy who speaks English). Also they are vegetarian restaurants in Český Těšín on the Polish side „Wegechatka“ (inexpensive), or in Trinec „Harmonie“.

Near to the square is a nice pizzeria (Pizzeria Verdi), which is also not really expensive. Next to the blue bridge of Cieszyn is a kavarna which is called „Avion“ it has everything what a kavarna should offer. In addition it has a library and sometimes there are some events inside. But if you need a coffee just after travelling there is also one in front of the train station called „San Pietro“.

In case you prefer to cook for your own they are a lot of supermarkets. Tesco is quite central, Lidl in Svibice (the „ghetto“), Kaufland and Billa (next to the train station). Tesco and Kaufland have also some shops around them like dm, Deichmann, Kik, Takko, Elektronik etc. The opening hours appreciate every lazy one, because even on Sundays they are open.

Take your friends outside and go with them in a park (there is a new one next to the river) or to the lake (next to Kaufland). You can go bowling, play squash, Billiard, go to the little Český Těšín cinema (but first check the movies if they are with subtitles etc. On Friday evenings you can party in „Metro“ on the Polish side. But there are better clubs in Trinec (Carky) or in Ostrava. The neighbour city Trinec is famous for Ice Hockey. So when there is the season, go for a match!

Czech Republic is maybe not that big, but they are a lot of cities to visit. Olomouc, Brno, Prague, Ostrava and in the West of Czechia there are some points on the Czech “To do list”. When you travel alone, buy an Inkarta 25 for “250 korun” because then you get 25 percents off of each ticket you buy. And also there are group tickets which you can save the money with.



## How is the town I would stay in? Krnov! (written by our current volunteers Hanna, Marie, and Konrad)

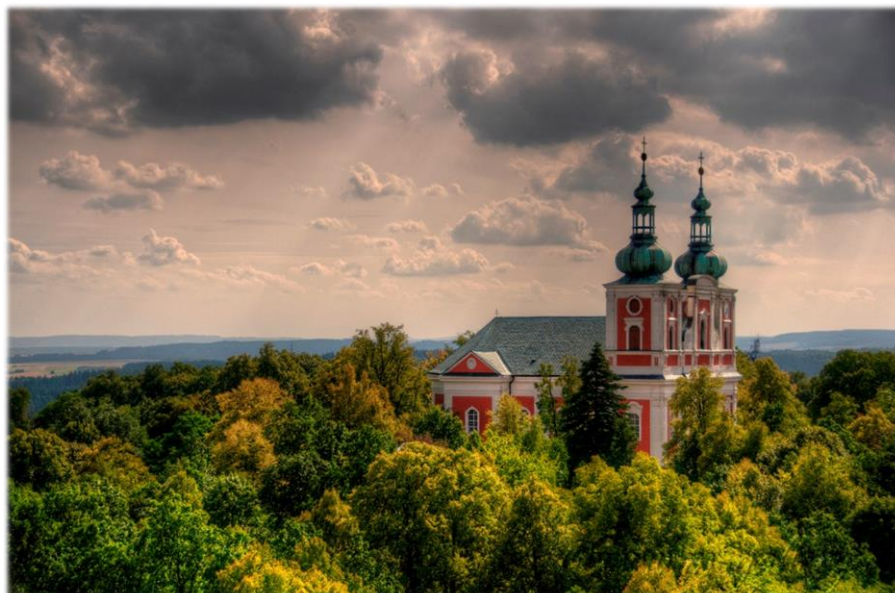


Author: Michaela Germušková

Source: <http://m-gallery.cz/krnov-a-okoli/>

Welcome to **Krnov**. Krnov is a small town near the polish border. It is located in the north of the Silesia region surrounded by hills and forest. The town has roughly 25.000 inhabitants, quite many of them are young. The heart of the city centre is the typical styled town hall which is visible from everywhere in Krnov. One of the reasons for that could be that Krnov is quite small which means you can reach all the interesting places comfortably by foot. Nevertheless, you can go for long walks through the forest. In the midst of the forest is a small hill, on top you can find another important symbol of Krnov – the beautiful church of Cvilín. But there is more than just forest, lakes and rivers, if you should prefer activity inside Krnov has a lot of nice coffees, pubs, bowling centres and even a cinema.

Furthermore, there is no need to starve. In Krnov you can find various places to buy groceries. We have got two hypermarkets Kaufland, Albert and two supermarkets Lidl, Billa as well as some smaller shops. Can't cook? No problem, you can get fast food almost everywhere. On the other hand if you want to go shopping Krnov does not offer good possibilities and you have to go to the big shopping centres in Opava



Author: Michaela Germušková

Source: <http://m-gallery.cz/krnov-a-okoli/>

or Ostrava. Another great thing about Krnov is that plenty of volunteers are located here. That's pretty nice because you will never be alone, if you don't want to and you have a lot of possibilities to check out all the various interesting places and establishments.

To be honest you better like the local places because going to visit other places is kind of

difficult. Krnov is far away from everything! OK, it only takes 30 minutes to Opava and at least one and a half hours to Ostrava by train, but between 10pm and 5am the train station is closed. So you are somehow isolated in Krnov. Whenever you'll have a seminar, you will be the first ones to get up and the last ones to return home. Despite that most volunteers agree that Krnov is at least one of the best locations for your EVS with Slezská Diakonie. If you don't believe us experience it yourself!

## How is the town I would stay in? Opava! (written by our current volunteers Fruzsina and Nika)

Opava is a city in the northern Czech Republic on the river Opava, located to the north-west of Ostrava. The historical capital of Czech Silesia, Opava is now in the Moravian-Silesian Region. You can have a look [here](#) how beautiful Opava is.

Opava is a city with many interesting attractions like the [Silesian Provincial Museum](#) (the oldest museum in Central Europe), the [Concathedral of the Assumption of Virgin Mary, Breda & Weinstein](#) department store, and many others. If you will just walk around Opava, you will find many different cafés (like a cat café [Životů](#)), pizzerias, restaurants, and others, and you will have the chance to enjoy a nice architecture.



Opava also offers a lot of events and festivals during the whole year. For example Christmas and New Year celebration, Opava Cultural Summer, Open Night, a cycle of chamber, orchestral and organ concerts and many others. You can find all information about the city here on its [website](#).



You can also visit a lot of beautiful places around Opava. One of them is [Zámek Hradec nad Moravicí](#). It's a red-white castle located nearby Opava.

Have a good day and good time in Opava!