

WHAT?

Our project’s main objective is to create sustainable mechanisms and opportunities for socialization and integration of children and young people with health problems, who are at risk or from different marginalized communities, from socially disadvantaged or incomplete families. The number of children and young people with disabilities is steadily increasing, and this trend is driven by the economic and social conditions in the different countries, by the worsening climate of public relations, and sometimes the lack of adequate policies for impact and provision of real conditions for social integration.

In this sense, the overall objectives of the project are related with the fulfillment of our mission and with the mission of the European Solidarity Corps to support children and young people in difficult positions and creation of opportunities for their socialization and integration in the European society through the development and realization of their personal potential for equality and non-discrimination.

- Building competences, development and awareness of the knowledge and experience that volunteers will gain from participating in the project, the personal and professional orientation of the volunteers and creating opportunities for their expression;
- Promoting volunteering and music as forms of socialization and improving the quality of life of local communities;
- Enhancing intercultural dialogue and building tolerance and empathy for differences through mutual recognition and respect for different cultures and traditions;
- Familiarity with and implementation of the principles of solidarity at national and European levels;
- respect for human dignity, shared responsibilities and mutual support, building a just and equitable society.

WHERE?

BULGARIA



SOFIA

WHEN?

1 YEAR starting from date of arrival

VOLUNTEER PROFILE:

European Solidarity Corps is a program which is open to everybody so that's why we don't choose our volunteers based on their skills but we chose them based on their motivation and will.

We want the ESC volunteering to be accessible to each youngster from Turkey, Hungary and North Macedonia, who would like to gain international experience and strengthen their skills in some European organization. The most important attitude we seek on volunteers is open-mind. Our focus on this project is receiving EVS volunteers that will be able in future to be integrated in their sending organizations as important HR and will help in spreading the project in their sending countries. This means that the motivation letter will be important for us. We will concentrated in hosting volunteers which live in rural areas, has economic difficulties, social obstacles, mobility limitation etc. We want to support them in being part of the big European family.

Volunteer must have interest in working with children and youth in schools, art centres and other institutions connected with art, music, dance, etc.

It's recommended that the volunteer brings with him/her a laptop.

The activity of the project will include: visiting local places, schools, art centres and institutions and others, and meetings with people; helping in organization of festivals, events and competitions. The volunteer should be open-minded, responsible, creative.

Accommodation: The volunteers will be accommodated in a modern apartment next to the subway station, bus/trolleybus stops and close to railway station and airport.

The apartment consist of 2 bedrooms with private bathrooms and a common kitchen.

The utility costs (electricity, water, heating, etc.) will be 100% covered to the limit which will be provided by the hosting organization on arrival training.

Food & Pocket money: every volunteer will have an amount of **4.50 EURO allowance per day**. (near the apartment, there are all of the biggest and cheap supermarkets - Lidl, Kaufland, Billa and many non-stop markets). The daily allowance will be given in the beginning of every month. Volunteers can cook together and buy products for food together, thereby being able to prepare more food for themselves.

Transport: the volunteers will have a **monthly card for the whole city transport network** (subway, buses, electro buses and trams).

The working time is according the European Solidarity Corps rules and will be flexible.



Bulgarian language course: the volunteers have a right for OLS to which they will be introduced on the on-arrival training.

Also the volunteers will have short courses for:

Erasmus+; European Solidarity Corps; ICL and Culture Shock, Self- time and budget management; Other.

Insurance: For every EU member state participant an [European Health Insurance Card](#) is obligatory. In certain cases, when national rules deprive participants from coverage under EHIC for the duration of the placement, [CIGNA](#) will provide full coverage.

Travel expenses: According to the conditions of the European Solidarity Corps programme, participants in ESC projects can have their travel expenses reimbursed within the amount given wich candidate will receive when apply

HOW TO PARTICIPATE

1. [REGISTER IN EUROPEAN SOLIDARITY CORPS PORTAL HERE](#)
2. [APPLY HERE](#)

HOSTING ORGANIZATION:

 You can check our web site for more information: <http://karnolsky.eu/en>

 and also our facebook page:
<https://www.facebook.com/artcenterkarnolsky/>

IF YOU HAVE QUESTIONS ASK US ON karnolsky@gmail.com



We await for you in Sofia!