

## BE A VOLUNTEER AT “CIAO”

TORRE PELLICE, ITALY

The C.I.A.O., whose name means **Integrated Center for Opportunity Activities**, is a day care center for disabled adults and is one of the services for disabled people of the C.I.S.S. - Inter-municipal Social Services Consortium of Pinerolo. The 22 people who currently attend it, followed by a team of nine operators (professional educators and oss), live in the family and go to the service on the basis of a personalized educational project, some every day and others of them just part-time.



The fundamental objective of the CIAO is attention to the person and to the relationship: the disabled person and his family are offered an individualized project which promotes: • **autonomy and care in respect of the person's wishes**, • **maintenance and enhancement of skills and abilities**, • **support for the family**, • **socialization both in the premises of the center and in external locations** • **integration of the person in the local community**.



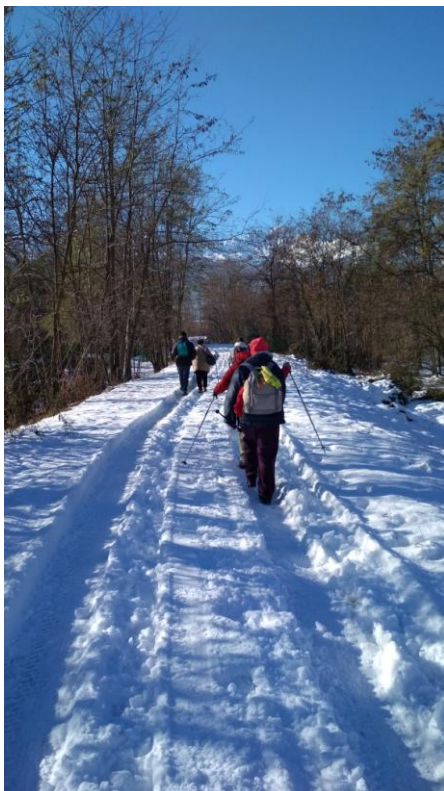
For the realization of these objectives they primarily deal with the assistance and care of the person. They use communication and movement techniques based on active involvement (augmentative communication, kinaesthetics) and carry out numerous activities and initiatives inside and outside the center ( artistic workshops of ceramics and painting, mountain groups, theater, dance, kitchen, swimming pool, percussion, ...).

Most of these activities and other projects (workshops in schools, "adoption of the neighborhood playground") want to carry on the basic philosophy of the CIAO or the concept that the disabled person, like all people, is a bearer of resources as well as of limits and therefore can offer its skills to the territory and to the community to which it belongs.

CIAO is located in the village of Torre Pellice, with 4,593 inhabitants. Torre Pellice is situated in northern Italy about 50 km away from Turin (and 17 km from Pinerolo) in the region of Piedmont. It is located in the Pellice valley, which neighbors the french border. The entire valley consists of 9 communities including 25,000 inhabitants. Pellice valley, together with other two valleys (Val Germanasca and Val Chisone) are known as the "waldensian" valleys and since the middle ages they have been the center of the waldensian movement which gave birth to the protestant religion in the Italian peninsula. This important fact has contributed to increase tourism in the area as well as developing a social/cultural condition for facilitating volunteers work in the waldensian organization.



Volunteer service is for five days per week. During the normal working hours the volunteers provide supporting service for "animation", "physiotherapy", "daily center" or according to a program of activity to be decided with the responsible service staff. The volunteer will help in different kind of workshop, as gardening, painting, cooking, reading books, to improve the autonomy and well-being of the guests.



The volunteer will be actively involved in the weekly planning of the job, and according to his/her own personal interest and skills he/she will have the opportunities to propose her/his own activities.

The volunteers will attend a training cycle including the on-arrival training, a mid-term seminar and an evaluation seminar. During this seminar he/she will have the possibility to meet all the volunteers hosted by Diaconia Valdese. In fact Diaconia Valdese has several project of international volunteering, lot of them in the villages Torre Pellice and in the neighbor village Luserna San Giovanni. All the volunteers together (around 15 between German, French, Turkish, Hungarian etc.) will attend an Italian course offered by Diaconia Valdese.

Furthermore, as foreseen from ESC project, the volunteer will attend the seminar organized from the Italian National Agency.

The Volunteering Office of the Diaconia Valdese is located in Luserna San Giovanni: the volunteer will have the chance to have a direct contact with the central office, although it

is always recommend to first have contact and relationship with the responsible in the placement, the tutor and the mentor.

The volunteer is a young person between 18 and 30 years old. The pocket money will be of 150/155 euro a month (5,00euro a day). The travel will be reimbursed up to a maximum of 180 euro. The volunteer is expected to come on the 6th of September 2020 to start with the on-arrival seminar organized by Diaconia Valdese. The ESC will last 11 months.



WE ARE WAITING FOR YOU!