

RIFUGIO RE CARLO ALBERTO *INFOPACK*

• **DESCRIPTION**

The **Re Carlo Alberto Refuge** is a retirement home, located on the hill of Luserna San Giovanni (TO), which accommodates partially or totally non self-sufficient elderly people. Since 2000, the Refuge has specialised in the reception of patients suffering from Alzheimer's or other forms of dementia. The Refuge can accommodate up to 96 people and is organised into four residential units for guests who, due to behavioural disturbances or lack of self-sufficiency, can no longer live at home. It also has a day centre for 12 patients diagnosed with dementia, residing in the Pinerolo area, in the Pellice, Chisone and Germanasca Valleys, and in the neighbouring areas.



<u>Website: https://dvv.diaconiavaldese.org/rifugio-recarloalberto/</u> Facebook: https://www.facebook.com/rifugiorecarloalberto/



• ACTIVITIES

Volunteers will have the opportunity to live and train in a context of community and multicultural life, crossed by challenges that lead to questioning and participation actively. The service will be characterised by activities directed to support the work of the reception structure and by activities of reflection and reworking of the personal path at an emotional, professional and relational level.

Together with the daily activities, the volunteer will have the possibility to develop a personal project, which will give to the volunteers the opportunity to act as protagonists in the creation of a constructive and inclusive intercultural dialogue, developed on several levels and with different means of communication.

• SEMINARS

Diaconia Valdese, as a coordinating organisation, will offer to the volunteers 3 seminars for long term mobility.

- On-Arrival Seminar at the beginning of the project mobility (October 2022) - Mid-Term Seminar in the middle of the project mobility (February 2023) - Final Seminar at the end of the project (June 2023)

Furthermore, volunteers from the ESC program will attend 2 more seminars organised by the Italian National Agency.

• LOGISTICS

DURATION

The project mobility has a duration of 11 month and the start is expected in **autumn 2022**.

TRAVEL

The volunteers are asked to pay their own travel ticket. They will be reimbursed at the end of the service upon the delivery of all original tickets and boarding pass of their journey.

The travel budget is calculated according to different distance bands that can change from country to country.



VISA

For participants who need a visa, there is a budget of $180 \in$ for each volunteer. The participants have to keep all the invoices and tickets to give proof of the expenses. The volunteers will be reimbursed for these expenses at their arrival in Italy.

POCKET MONEY

The volunteers will receive 150,00/155,00 euro of pocket money, at the beginning of every month (5 euro per day).

FOOD, ACCOMMODATION, TRANSPORTS

The volunteers will stay in a house with 5 other volunteers, from other countries. They will have a shared or individual bedroom (with maximum one other volunteer) and they will share the common spaces (living room, bathroom). The house is equipped with all necessary furniture (also towels and sheets for beds).

About the kitchen, the volunteers will have the meals provided by the placement, so they don't have the need to use the kitchen. However, there is one from the day centre and they have the possibility to use it just in the afternoon (when the people from the day centre left) and on the weekends.

Volunteers live on the top floor of a building where the guests live. This floor is for their exclusive use and the access is from inside the building.

LANGUAGE COURSE

The volunteers will have access to the Online Linguistic Support that will help them in learning the Italian language.

Furthermore they will attend weekly Italian lessons organised by the Diaconia Valdese.

INSURANCE

The volunteers will be insured with *Cigna* insurance by their sending organisation.

COORDINATING ORGANISATION

CSD - Diaconia Valdese: is a non-profit organisation born thanks to the Waldensian church, a protestant minority in Italy. The organization itself is laical, everyone can benefit from its services regardless to which is the religious, political, cultural, sexual belonging.

The organisation coordinates many services at a national level addressed to people in situations of need, such as disabled, elderly people, minors and youngsters, adults with fewer opportunities, refugees and asylum seekers.

Rifugio Re Carlo Alberto ESC - Info Pack Volunteering Office - CSD - Diaconia Valdese



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