





INVY IN SLEZSKÁ DIAKONIE

If your heart is open, you're curious about life, and you're ready to grow personally or professionally, then you're in the right place. **INVY** is an international voluntary service program at **Slezská diakonie** in **the Czech Republic.**Slezská diakonie is a non-profit organisation providing **social services** based on Christian values. Since 2005, we have been running long-term and short-term voluntary projects in our hosting centers. We have already hosted more than **350** international volunteers.

☆ Come and join us!
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WHAT WILL BE COVERED FOR YOU?

- <u>Accommodation</u> with the Internet connection
- **Pocket money:** 7 EUR per day
- | Food allowance: 4200 CZK per month
- **Travel costs to your project** and back home
- Travel costs to your workplace and seminars
- **E** Czech language course (60 minutes per week)
- Health insurance

WORKING HOURS 77

- 6 hrs a day
- 5 days a week
- · 2 days a week off
- 2 more days off each month



- seminars
- day with
- mini-projects
- team project

WHO WILL SUPPORT YOU ON YOUR JOURNEY?

- **ii** your SUPERVISOR at your hosting placement
- **ii** your COORDINATOR from the InterVIA team



Find our more about us!











AND WHERE CAN YOU VOLUNTEER?

EDEN ČESKÝ TĚŠÍN

EDEN Český Těšín is a **day-care centre** supporting **adults** with **intellectual disabilities** (aged 18-64) in living an active daily life. The centre helps the clients become more independent in self-care, learn practical and work-related skills, and be part of everyday social life. Up to 28 people can attend the centre.

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Name of the centre: EDEN Český Těšín

Address: Frýdecká 34, 737 01 Český Těšín

Český Těšín is a town in the east of the Czech Republic, right on the border with Poland, with a population of 23,000. It's one of the busiest border crossings to Poland and has a rich cultural life, with regular festivals and events. The town has good infrastructure and convenient public transport.

Website: EDEN ČESKÝ TĚŠÍN

//, Program length: 1st February - 31st August



- provide the service users with **personal support**
- help to prepare snacks and feed clients who need assistance
- take part in short morning devotions, where we sing and play music
- work one-on-one with clients and focus on specific activities like arts and crafts, art therapy, ceramics, writing, reading, fine motor skills, or memory exercises
- join leisure activities like gardening, playing games, music therapy, discussions, sports, cultural outings, or day trips

★ EDEN ČeskýTěšín is waiting for you! ★