





INVY IN SLEZSKÁ DIAKONIE

If your heart is open, you're curious about life, and you're ready to grow personally or professionally, then you're in the right place. **INVY** is an international voluntary service program at **Slezská diakonie** in **the Czech Republic.** Slezská diakonie is a non-profit organisation providing **social services** based on Christian values. Since 2005, we have been running long-term and short-term voluntary projects in our hosting centers. We have already hosted more than **350** international volunteers.

🦮 Come and join us! 🦮



WHAT WILL BE COVERED FOR YOU?

- <u>Accommodation</u> with the Internet connection
- **Pocket money:** 7 EUR per day
- | Food allowance: 4200 CZK per month
- **Travel costs to your project** and back home
- **Travel costs to your workplace** and **seminars**
- **E** Czech language course (60 minutes per week)

Health insurance

WORKING HOURS 77

- 6 hrs a day
- 5 days a week
- 2 days a week off
- 2 more days off each month

OUR EVENTS

- seminars
- day with
- mini-projects
- team project

WHO WILL SUPPORT YOU ON YOUR JOURNEY?

- **if your SUPERVISOR** at your hosting placement
- **# your COORDINATOR** from the InterVIA team



Find our more about us!











AND WHERE CAN YOU VOLUNTEER?

EFFATHA KARVINÁ

EFFATHA Karviná is a **social-therapeutic centre** supporting **adults** (aged 18 to 65) with **intellectual or multiple disabilities**, as well as people living with chronic mental illness. The goal of the centre is to help them actively spend part of their day in a supportive environment, develop work and social skills, and stay connected with others.

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Name of the centre: EFFATHA Karviná

Address: V Aleji 435, 734 01 Karviná - Ráj

Karviná is a city of about 50,000 people, located in the territory of historical Silesia. It's a modern university town with good infrastructure and public transport.

Website: **EFFATHA KARVINÁ**

Program length: 1st February - 31st August



- support and assist clients during different creative and therapeutic workshops such as pottery, art, or basket weaving
- learn and practice various hands-on techniques (e.g. basket making, clay and plastic work, jewelry making, wool work, canvas painting, collage, marbling, or wax painting)
- create small decorations and gifts together with clients
- **join** group therapy sessions
- assist with daily tasks and help clients during mealtimes
- help clients build social skills by chatting with them about everyday topics

🌟 EFFATHA Karviná is waiting for you! 🦫

